PARENT CONNECTION

THE COLLEGE | THE UNIVERSITY OF CHICAGO

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Autumn in the Quad
Photo by Leah Rachel von Essen, Class of 2016
Universities are built on collectivity. Faculty, students, and staff work together to transfer knowledge, expose themselves to new perspectives, and to support one another through the arduous process of learning. It is through working together as a community that we achieve the richest results.

At the University of Chicago, our community stretches far beyond the bounds of campus, into the neighborhoods that make up the city of Chicago, across the country, and around the world. It includes scholars, Nobel Prize winners, students, alumni, and, of course, the parents and families of all of our students. Your participation in supporting campus events is vital in helping to keep this University strong.

For that reason, events like convocations, graduations, and Family Weekend mark important points during each academic year when the entire community can get together to celebrate, share, and learn. This year, Family Weekend will be held from October 24-26th, and we are once again planning a weekend filled with events for everyone, including model classes, tours of the community, and a classic Homecoming block party. Registration for Family Weekend is now open on our website, http://familyweekend.uchicago.edu. While you are there, you can take a look at the schedule of events for the weekend to help you plan your time on campus. You can also check out and pre-order this year’s student-designed Family Weekend t-shirt.

Of course, in addition to Family Weekend, we encourage you to continue to stay engaged with the University of Chicago throughout the year. In this issue of the Parent Connection, you will find the Autumn Quarter schedule for the Harper Lectures Series that are put on the by the Alumni Association (page 12). These faculty-led lectures taking place around the world are a great way to stay connected with the academic work going on here at the University. We also invite you to check out the volunteer and giving opportunities available through the Parent and Family Program. You can learn more about this engagement program at http://parents.uchicago.edu/program.

As this new academic year begins, we are reminded of many ways in which our UChicago community supports the success of our students and the work of this institution. Throughout the next several months, you will learn about more opportunities to get involved with events or lend support to College initiatives. The support of parents and family members is a vital part of our community, and we are all so happy to count you as a part of everything we do.

Warmest regards,
Matthew Hendricks
Associate Director, Parent and Family Relations
A quick round-up of the news, information, and events that you need to know about.

**Autumn Quarter Important Dates**

- Oct. 3: Student Activities and Resource Fair
- Oct. 4: Walk-In Immunization Day at the Student Health Center
- Oct. 18: **Humanities Day**
- Oct. 20 and 21: Study Abroad General Interest Information Sessions
- Oct. 20: Free Flu Shots Available for Students with their UCID
- Oct. 24: Deadline to waive the Student University Health Insurance Plan
- Oct. 24-26: **Family Weekend**
- Oct. 25: Homecoming
- Oct. 30: Steps to Success: Exploring Your Strengths for First-Year Students
- Nov. 2: Daylight Savings Time Ends (Clocks fall back one hour)
- Nov. 17: Steps to Success: College Resume Ready for First-Year Students
- Nov. 20: Summer International Travel Grant Information Sessions
- Nov. 27-28: Thanksgiving Break
- Dec. 4-5: Reading Period
- Dec. 8-12: Finals Week
- Dec. 12: **Autumn Convocation**
- Dec. 13: Residence Halls Close at Noon
- Dec. 25: University Closed for Christmas
- Dec. 29: Winter Quarter Bill Due
- Jan. 1: University Closed for New Year’s Day
- Jan. 4: Residence Halls Open at 8am
- Jan. 5: Winter Quarter Classes Begin
- Jan. 7: Winter Quarter Edition of Parent Connection Available

**Highlighted Event for the Quarter**

**Humanities Day (October 18th)**
Explore new topics in literature, visual arts, linguistics, music, and more at the 36th annual Humanities Day at the University of Chicago. This day filled with model classes and engaging exhibitions offers something for everyone and features a keynote address by Lenore Grenoble, the John Matthews Manly Distinguished Service Professor in Linguistics, entitled “Languages in Danger: Why Should We Care?”. See the entire program and register for this event online at [http://humanitiesday2014.uchicago.edu](http://humanitiesday2014.uchicago.edu)

**UChicago News Headlines**
(Click below for news from across campus)

- UChicago ushers in Class of 2018
- UChicago launches new comprehensive initiative to aid students
- Smart Museum launches 40th anniversary with sculpture exhibition
- UChicago historian Tara Zahra named 2014 MacArthur Fellow
- Summer Links interns explore social change
- Astrophysics at the edge of the Earth
This fall, students from all areas of the University will benefit from a new resource on campus that provides additional support to students, faculty and staff as they translate ideas and research into start-up ventures. Located along the bustling 53rd Street corridor, the Chicago Innovation Exchange (CIE) is the University’s new hub for start-up activity and multidisciplinary collaboration.

Working hand-in-hand with other organizations across campus, such as the Polsky Center for Entrepreneurship and Innovation, UChicagoTech - the University’s center for technology development and ventures, and the Office of Civic Engagement, the CIE offers a vast array of resources for entrepreneurs and scholars interested in transforming their innovative ideas into commercialized products and services that benefit others. The CIE supports proof-of-concept work, business incubation, collaboration opportunities, and programming for new ventures by UChicago faculty, students, and staff, as well as local entrepreneurs.

Through partnerships with organizations on and off campus, the CIE provides entrepreneurs with access to mentors and experts who can guide their journeys; workshops and classes that can help them learn skills they need to run their business; connections to outside industry and potential investors; space to meet with teammates and customers; and entrée to competitions, challenges, and programs that will help them reach the next milestone for their ventures.

The CIE comprises more than 34,000 square feet of co-working, incubator, meeting, and event space. Its primary space is located above the Harper Theater and boasts room for hundreds of entrepreneurs to spend time creating and building their start-ups, and it’s surrounded by smaller meeting and classrooms where students can participate in workshops and classes, or listen to speakers and panelists with sage advice about founding or running a start-up. The CIE campus will also include a Fabrication Lab, or Fab Lab, outfitted with state-of-the-art technologies, such as laser cutters, 3-D Printers, drill presses, and more. The Fab Lab will open in late spring of 2015.

There are many ways to students to join the CIE:

As a member…

**CIE members** are students, faculty, researchers, staff, and community members with passions for entrepreneurship and innovation. CIE members may have operational businesses, a business idea, or simply be looking to join a start-up team and jump into the UChicago Innovation entrepreneurial community. Members get access to the flexible workspace and meeting rooms, and mentor office hours and programming, as well as preferential registration for open events held at the CIE. And for the 2014/15 academic year, student membership is free.
As a Student Associate for the Innovation Fund…

Last year, the University’s Innovation Fund, managed by the CIE, launched a new program that invites students from various schools across campus to work together to act as venture capital associates, and perform due diligence on innovative projects by faculty, students, and alumni of entities affiliated with the University. Student Associates receive robust training in diligence, presentation skills, market analysis, and commercialization paths to prepare them to assist with assessing and selecting Innovation Fund projects. In addition, the Associates are active participants in the projects, providing resources and expertise where needed, preparing projects for funding consideration, aiding in the establishment of milestones, and coordinating and conducting a variety of due diligence analyses.

The Innovation Fund Student Associates are an integral part of the Innovation Fund; students have the opportunity to experience and learn the discipline of early-stage technology assessment and investment, and the projects benefit from the energy and curiosity that the students bring. Applications for the Associate program occur each fall.

As an attendee…

Students can participate in some workshops and attend larger open events without being a member of the CIE. For example, on October 23 from 4:30 – 6:30 pm, the CIE and the Polsky Center will host an Innovation Fair open to students from all areas of the University – graduate and undergraduate alike. The Fair will feature groups from across the campus with ties to innovation or entrepreneurship, many of whom have partnered with the CIE or have plans to hold events in the CIE space. The event is designed to give students the opportunity to speak with these groups and explore opportunities to become a part of the exciting and innovative activities happening on campus.

The CIE opens the doors to its primary 17,000 square foot space on October 16. Students are invited to stop by for an Open House and Fast Pitch event from 2:00 – 4:30 that afternoon. More details and registration for the event can be found on the CIE website: http://cie.uchicago.edu

Students who are interested in becoming a part of the CIE’s innovative community should visit the CIE’s website. There, they can find upcoming events and activities listings, review the latest news and opinions coming from the CIE and its partners, learn about opportunities, and discover the easiest way to visit the CIE.

by Nikki Kidd
UNIQUELY CHICAGO: The Professors’ Bookshelf

The ultimate reading list: UChicago Professors share the books that had the greatest influence on them. By Kelsey Reid, Class of 2015.

Autumn classes are underway, and students will be receiving syllabi loaded with important texts from each of their professors. Of course, why should students have all of the fun? We’ve put together the ultimate reading list of texts that UChicago faculty report have had a profound impact on them. Be sure to thumb through a few of these to really impress your student over Thanksgiving dinner this year.

John W. Boyer, Dean of the College
Thucydides, *The Peloponnesian Wars*. I first read Thucydides in college, but never really understood its power and influence until I had to teach it as a young instructor in the first quarter of the History of Western Civilization course at Chicago in the 1970s. This quarter began with the polis of Classical Athens and worked up to the world of the late Roman Empire. I firmly believe that historians of modern Europe must have a sound and comprehensive knowledge of ancient history in order to make sense of the long civilizational tradition which they seek to understand and interpret. Thucydides stands at the beginning of that tradition.

Tamar Abramov, Humanities
The novel that made me switch from philosophy to literature was Marcel Proust’s *In Search of Lost Time*. The book that helped me focus my dissertation work was Giorgio Agamben’s *Homo Sacer*. The book I most enjoy teaching is Dante’s *Inferno*.

Chad Broughton, Public Policy Studies
*There are No Children Here* by Alex Kotlowitz is the story of two boys growing up in the old Henry Horner Homes in Chicago. It’s a beautiful work of narrative journalism, and it had a profound impact on me in graduate school as I thought about the kind of sociologist I wanted to become. Kotlowitz weaves poignant stories from the boys’ lives with historical context, sociological insight, and a deft understanding of the role social policy plays in their distressed near West Side neighborhood. Sociology sometimes get distant and, in my view, too abstracted from the everyday lives of real people. I still think of *There are No Children Here* as the gold standard for what a fine-grained, humanistic sociology—that also countenances the broader contours of social life—can look like.

Constantin Fasolt, History
Wittgenstein’s *Philosophical Investigations*, because they taught me how to look at the past without wearing the metaphysical blinkers worn BOTH by “positivist” or “conservative” or “mainstream” historians convinced that we can know “the facts” about the past AND by “literary” or “structuralist” or “post-structuralist” or “postmodern” critics convinced that our knowledge of the past is merely a certain kind of fiction.

Ralph Lerner, Social Thought
I would not say that this book had the greatest influence on my career. There are too many contenders for that honor. But it was the book that taught me the most with the least pain—and that must be worth something in this world.

If you are not satisfied to take your bearings by the judgments of Max Weber or D. H. Lawrence, you remain free to look for yourself in considering *The Autobiography of Benjamin Franklin*. 
It really helps if you have a sense of humor or at least an awareness that somebody may be pulling your leg. Be prepared to be surprised, because Ben is not simply one of those remote fellows decorating our national currency. He is very smart, an acute student of human foibles, and an enemy to extremism of every kind. He teaches moderation and good sense and respect for one another, not by wagging his finger and reading sermons, but by edging you gently toward looking at the world through his sober eyes. If you don’t smile and even chuckle out loud in your reading, I’m sorry: you probably missed the point. Do yourself a favor and go back to the beginning!

Allen R. Sanderson, Economics
The quick, easy answer is Capitalism and Freedom by Milton Friedman, someone I later had the honor of studying under and became lifelong friends with. For his argumentation, logic, take-no-prisoners attitude, and willingness to tackle tough issues and take unpopular stands.

But I think an equally big influence on me — in my (un)popular writing, public addresses, and in the classroom — is the horror, science fiction writer Stephen King. I view him as the contemporary equivalent to Mary Shelley or Edgar Allen Poe. It’s not that I use his novels in class, though occasionally I get a very good exam question from them, but rather he excels in telling a good story, maintaining suspense, and is, no pun intended, horribly creative. From Carrie to The Shining, Misery, Shawshank Redemption, The Green Mile (written in serial format to honor Dickens), Under The Dome, and 11/22/63, King is a master craftsman at work and at the top of his profession. Not a bad role model. (And, yes, I’ve seen his Victorian-style home in Bangor, Maine, with its tall wrought-iron fencing laced with bats, certainly an emotional challenge for any trick-or-treater at Halloween.)

Malynne Sternstein, Slavic Studies
Lolita—the novel taught me how to read anew. And it does so every time I read it. I have read Nabokov’s novel at least 9 times. First when I was 14, and most recently at 47. I Served the King of England—Bohumil Hrabal’s novel is irredeemably beautiful. With it I realized that sadness can be overwhelmingly gorgeous and actively generous. Kafka’s tiny stories, his anti-parables. I’ve never been so happily frustrated with a text as when I am reading “Digging the Pit of Babel.” Kafka made me realize that reading is not interpretation, and interpretation is not necessary.

Russell Tuttle, Anthropology
The Bible, especially the New Testament, as a guide to how to approach the wonderful variety of people, while remaining centered in the face of myriad professional challenges. National Geographic magazines in grandfather’s home certainly played a role also.

Keep up with the latest stories from across campus with UChicago News.

UChicago News keeps you up-to-date with the latest news and events from Hyde Park and around the world. You can sign up to receive a weekly digest of the top stories from the News Office by visiting their website, http://news.uchicago.edu and entering your email address into the subscription box. While you’re there, check out some of the features from our partner sites, like The Maroon, UChicago’s independent Student newspaper.
Hello University of Chicago Parents!

Welcome and welcome back to the University! Student Health and Counseling Services (SHCS) would like to partner with you to improve our communications with your student regarding insurance requirements at the University of Chicago.

We understand that the topic of health insurance is one that can be challenging for students and parents alike. Following is an overview of the University’s annual insurance requirements, upcoming deadlines, and other critical information that we believe is important for you to know and share with your student.

**Annual University Requirements regarding Student Health Insurance**

The University of Chicago requires all students to carry health insurance with specific benefit requirements to cover known and/or unanticipated medical and/or mental health services not provided at Student Health Service (SHS) or Student Counseling Service (SCS). Services at SHS and SCS are covered by the Student Life Fee which all registered students are assessed each quarter (for more information about what this fee covers, see here: [http://studenthealth.uchicago.edu/page/student-life-fee](http://studenthealth.uchicago.edu/page/student-life-fee)).

To ensure that all students have adequate insurance coverage, the University enrolls all registered students into the University Student Health Insurance Plan (U-SHIP). Students who wish to use U-SHIP coverage are encouraged to confirm their enrollment as soon as possible, or their data will not be recognized by United Healthcare, the University’s insurance provider, until after the enrollment/waiver deadline. This deadline is 5pm central time on the fourth Friday of a student’s first quarter of enrollment in the academic year – for autumn quarter 2014, this deadline is 5pm central time on Friday, October 24.

**Waiving U-SHIP Coverage**

Students who wish to opt out of U-SHIP coverage, either because they are covered under their parents’ insurance or because they have alternate insurance coverage of their own, are encouraged to waive their U-SHIP enrollment as soon as possible, to avoid billing charges from the bursar’s office for the first quarter’s premium. If students fail to waive U-SHIP by the enrollment/waiver deadline – Friday, October 24th – they will remain enrolled in U-SHIP for the full plan year and will be billed in three quarterly installments for the annual premium. Once students waive their enrollment, charges billed for the first premium installment are reversed on their bursar bill.

To waive enrollment in U-SHIP, students must affirm active enrollment in an alternate insurance plan that meets the University’s requirements for comparable coverage. Students may confirm or waive their U-SHIP enrollment at the online Enrollment/Waiver Application site: [https://studentinsurance.uchicago.edu/](https://studentinsurance.uchicago.edu/).
Updated Comparable Coverage Requirements for 2014-2015 Academic Year

The University has revised the specific benefit requirements that alternate plans must provide in order to be considered comparable to the student insurance plan (U-SHIP), in response to feedback from students and parents, and in light of the wider range of options available through state and federal exchanges. The new requirements provide greater flexibility for students who are exploring alternatives to U-SHIP, and enable more plans to qualify for waivers, while also ensuring that students will have appropriate insurance coverage on campus. For additional information about the revised comparable coverage requirements that alternate plans must meet, visit: http://studenthealth.uchicago.edu/page/comparable-coverage-2014-2015.

Auditing of Student Waiver Applications

Beginning this autumn, the University will audit a subset of student waiver applications to ensure that alternate insurance information submitted through our online Enrollment / Waiver Application site, as well as through paper Petition to Waive forms, contains accurate, verifiable information that meets the University’s comparable coverage requirements.

Audits will confirm that students’ alternate insurance coverage is currently active, and the plan provides coverage through August 31, 2015 or the end of the student’s program of study; and that the policy meets all of the University’s specified comparable coverage requirements.

If an audit shows that the student’s plan fails to meet all University requirements for alternate insurance coverage, they will have 10 business days either to supplement their existing coverage, or enroll in an alternate insurance program, to meet the University’s requirements. Otherwise, the student will be re-enrolled in U-SHIP for the full plan year, and billed the annual premium of $3,162 (in three quarterly installments).

Help us Communicate Deadlines to Students

This year’s open enrollment period for U-SHIP runs from July 1 through October 24, 2014. Students who arrived on campus in August, for required academic and sports programs, were first notified by email of U-SHIP enrollment/waiver requirements in July. New and returning students who arrive on campus in September were first notified by email of the U-SHIP enrollment/waiver requirements in mid-August. We will continue to email students who have not yet confirmed or waived their U-SHIP enrollment to ensure that all students have the insurance coverage they desire, and that no student is billed for insurance coverage they do not need or want.

However, please work with us to help your student understand this process, and if they have not done so already, take the steps to confirm or waive their U-SHIP enrollment. If you or they have questions about U-SHIP, UChicago hosts two on-campus United Healthcare representatives to answer questions, explain plan benefits, and help students navigate the insurance system; they can be reached by email at uchicagoadvocates@uhcsr.com, or by phone at 773-834-4543 (select option 2).

We’re Here to Help

In addition to the on-campus United Healthcare representatives who are available to work with students directly on their insurance needs, the University also has a Student Health Insurance Coordinator who serves as an advocate for students who are experiencing issues with United Healthcare, as well as working to improve communication and outreach to students, parents, and administrators regarding student insurance and implementing process improvements.

For more information about student health insurance at the University, we encourage you to explore our webpages at http://studenthealth.uchicago.edu/page/student-health-insurance-0.
STUDENTS AND ALUMNI: CULTIVATING RELATIONSHIPS

Twelve Maroons gather to share a dinner and reflect on the ties that bind them together.
by Shannon Copp, Alumni Relations and Development

“U of C alums and U of C students are the same—the way we engage in conversation is the same and we’re not afraid to question each other.” Bethany Bailey, AB’13

One of the best parts about being a part of UChicago is that you’re a member for life – while students spend just four short years on campus, they’ll always be a part of the UChicago family. To celebrate this lifelong relationship with the University, the Student Alumni Committee (SAC) holds dinners with nine students, two alumni, and a faculty member – Dinner with 12 Maroons. These dinners are guaranteed to involve lively conversation in an informal setting and topics of discussion may range from structuralism to technology in archiving history to public finance.

Over dinner, students get to learn how to network with alumni, to explore the diverse post-graduation possibilities, and to hear about how UChicago has impacted alumni career paths. On the flip side, alumni get to see what’s happening on campus from the student perspective, reflect on how campus has changed over the years, and hear about the passions and ambitions of current students. It’s a win-win!

The inaugural Dinner with 12 Maroons series was held in spring of 2009 with two dinners and has been growing ever since. SAC now hosts more than 20 dinners a year. More than 500 students and 125 alumni have participated, and from that first meal through our most recent dinner this past July, Dinner with 12 Maroons continues to provide an opportunity for students and alumni to be inspired by each other.
As most professionals know, career paths are rarely direct and most people no longer stay in the same job for 30 or 40 years—this holds true for UChicago alumni as well. Most alumni took the scenic route in finding their career, following diverse and roundabout opportunities. Not everyone knew what they wanted to do by the time they graduated, but the pressures of being an undergrad often make that difficult to see. Former committee chair and alumna of the Class of 2013, Bethany Bailey, overcame this apprehension of post-graduate life through interacting with alumni -- “Meeting different alums and hearing their stories made me less scared of my future. And more confident in it. I realized that ‘traditional’ career paths aren’t the norm. Now I won’t be scared to do something I’ve never done.” Alumni are living proof that students can succeed without having their entire life planned out by the ripe old age of 22.

Dinner with 12 Maroons is different from other professional development opportunities on campus as students are placed randomly, and not by industry interest. Alumni hosts are either from different generations or different professional industries, so there's always a diversity of experiences, areas of expertise, and conversation topics. Christian Adames, Class of 2015, has been able to attend multiple dinners throughout his membership on SAC. In reflecting on his first dinner, Adames especially appreciated this feature of the dinners: “It was the first real alumni engagement experience that I had. The alumni and faculty member weren’t in fields I focused on and we had great conversations and they provided a lot of great wisdom for college in general.” While sharing food and a love of UChicago, strangers across generations become friends.

Students are selected to attend the dinners at random and any student can enter to attend by registering through the SAC website (http://sac.uchicago.edu/dinner-with-12-maroons). Our fall registration form will be available in early October.

Dinner with 12 Maroons is just one of the Student Alumni Committee’s signature events. SAC is always looking for strong leaders to join the committee. Joining is a wonderful opportunity to interact with alumni on a deeper level, learn about the importance of philanthropy in higher education, and gain leadership skills. Applications for the committee will be available on the SAC website in mid-October. For more information contact Shannon Copp, Associate Director of Student Advancement, at sccopp@uchicago.edu or visit http://sac.uchicago.edu.

Show Your Pride on Maroon Mondays
Mondays across campus just got a bit more colorful with the introduction of Maroon Mondays. Each Monday, students, faculty, staff, and visitors to campus are encouraged to wear maroon to show their UChicago pride. If you or your student seems to be a bit low on maroon apparel, don’t forget that the University Bookstore is the official source for UChicago gear. Visit them online at www.uchicago.bncollege.com.
Every year the University of Chicago Alumni Association hosts dozens of Harper Lectures in cities around the globe, creating a space where intellectual curiosity meets alma mater camaraderie.

Named for the University’s first president, William Rainey Harper, the Harper Lecture series allows alumni and friends to continue learning from UChicago faculty by attending lectures that explore new breakthroughs, unique perspectives, and innovative research applications on a diverse range of topics. Not only will you satisfy your appetite for lifelong learning, but you can also connect with former classmates and network with successful alumni, parents, and friends.

If your city is not listed below or you cannot attend, you can watch full-length recorded lectures at your convenience on our YouTube channel.

### Autumn Events Schedule
(Click on an event below to view more information)

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>Location</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>Thursday, Sept. 11</td>
<td>Chapel Hill, NC</td>
<td>Michael Dietler</td>
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<td>Wednesday, Oct. 8</td>
<td>New York, NY</td>
<td>Jens Ludwig</td>
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<td>Thursday, Oct. 16</td>
<td>Philadelphia, PA</td>
<td>Niall Atkinson</td>
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<td>Thursday, Oct. 23</td>
<td>San Francisco, CA</td>
<td>Augusta Read Thomas</td>
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<td>Sunday, Nov. 16</td>
<td>Miami, FL</td>
<td>Ali Hortacsu</td>
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<td>Sunday, Sept. 28</td>
<td>Greenwich, CT</td>
<td>Gil J. Stein</td>
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<td>Thursday, Oct. 9</td>
<td>Washington, DC</td>
<td>Evelyn Z. Brodkin</td>
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<tr>
<td>Sunday, Sept. 28</td>
<td>San Diego, CA</td>
<td>Hillary Chute</td>
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<tr>
<td>Sunday, Oct. 12</td>
<td>Los Angeles, CA</td>
<td>Ethan Bueno de Mesquita, AB’96</td>
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<tr>
<td>Wednesday, Oct. 8</td>
<td>Chicago, IL</td>
<td>Virginia Parks</td>
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<td>Thursday, Oct. 16</td>
<td>New Orleans, LA</td>
<td>John Mark Hanson</td>
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<tr>
<td>Thursday, Oct. 23</td>
<td>Oak Park, IL</td>
<td>Elisabeth S. Clemens, AM’85, PhD’90</td>
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<td>Thursday, Nov. 6</td>
<td>Sao Paulo, Brazil</td>
<td>Colm O’Muircheartaigh</td>
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<td>Thursday, Nov. 23</td>
<td>Mumbai, India</td>
<td>Mark Philip Bradley</td>
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<td>Wednesday, Nov. 19</td>
<td>Bangalore, India</td>
<td>Mark Philip Bradley</td>
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<tr>
<td>Monday, Nov. 24</td>
<td>Delhi, India</td>
<td>Mark Philip Bradley</td>
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Over the last twenty years of medical practice, I’ve watched thousands of patients struggle with a variety of ailments, from minor colds to life-threatening cancers. And though the majority of them eventually found relief from their suffering, the suffering of some of them left me breathless: the pilot who became so vertiginous he couldn’t sit up for two years without vomiting; the mother who died of a rare cardiac tumor knowing she was leaving three small children behind with no relatives to care for them; the elderly man who donated a kidney to his son only then to watch him die of AIDS.

Watching these patients—caring for them—has taught me what I consider to be the most important lesson I’ve ever learned: that our capacity to suffer may be immense, but so is our ability to endure it—if we’ve taken effective steps to develop our strength. The things we may be called upon to do may not be easy; they may not be what we want to do; they may not even do much. But if we’ve actively prepared ourselves to withstand adversity, there is always a way to find victory over suffering.

Sometimes such a victory requires a single dramatic intervention fraught with risk; at other times, a series of multiple, small interventions whose individual effects may be minor but whose collective power is vast. This latter thing, in fact, is what I’ve most commonly observed among my patients. Learning to accept pain, for example, really does make pain easier to withstand, yet sometimes only slightly. But when added to a fierce determination to accomplish an important mission, as well as to an expectation that accomplishing that mission will require the feeling of even more pain, strength often appears that makes large problems seem abruptly small. Though the effort required to maintain a high life-condition often seems great, in reality it only needs to be wise.

This is the reason we’ve developed the Resilience Project here at the University of Chicago. Our goal is to teach students how to become more resilient. We believe success in life isn’t only dependent on a strong intellectual capacity, but also on the strength to endure adversity. Because our data show that our workshops really do increase our students’ ability to withstand hardship and to resist becoming discouraged when obstacles arise in the course of goal pursuit, we’ve made the course open to any student who wants to take it.

For more information please visit http://wellness.uchicago.edu/resilience. This free workshop series is being made possible through a research study being conducted by Dr. Alex Lickerman and Dr. Michael Quinn.

Promoting Health and Wellness across Campus

As a parent, you have spent years thinking about the health and wellness of your student. At UChicago, we also spend a great deal of time thinking about these topics, and it is the mission of Health Promotion and Wellness (HPW) to conceive and implement programs that engage students in thinking about their own well-being. From Stressbusters and the WellCzar Program to comprehensive support networks like the UChicago Body Project and the Resilience Project, HPW works with students to reach the community in a multitude of ways around a number of important issues. To learn more about wellness programming at UChicago, visit our website, http://wellness.uchicago.edu.
UChicago continues to offer engaging events throughout the summer. Find even more events at [www.uchicagoparents.org](http://www.uchicagoparents.org).

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<th>Location</th>
<th>Description</th>
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<tbody>
<tr>
<td>10/4/14</td>
<td>Maroons Football versus Rhodes</td>
<td>Stagg Field</td>
<td>The UChicago Maroons take on Rhodes College at home. Game starts at noon. Learn more at <a href="http://athletics.uchicago.edu">http://athletics.uchicago.edu</a>.</td>
</tr>
<tr>
<td>10/4/14</td>
<td>Redmoon Theatre’s Great Chicago Fire Festival</td>
<td>Chicago River Walk</td>
<td>A new tradition comes alive along the city’s Chicago River walk as Redmoon Theatre lights up the night with the Great Chicago Fire Festival. The event will feature floating fire sculptures, acrobats, live music, and a feed festival. Learn more at <a href="http://www.chicagofirefestival.com">www.chicagofirefestival.com</a>.</td>
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<tr>
<td>10/5/14</td>
<td>Comer RBC Race for the Kids</td>
<td>UChicago Quad</td>
<td>Enjoy a 5k around Hyde Park benefiting the Comer Children’s Hospital at The University of Chicago. Register at <a href="http://www.uchicagokidshospital.org/programs/race">www.uchicagokidshospital.org/programs/race</a>.</td>
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<tr>
<td>10/11/14</td>
<td>The UnCommon Core: Mid-Florida Style</td>
<td>Tampa Bay Times Auditorium</td>
<td>A thought-provoking day of lectures and discussions. Learn more at <a href="http://www.uchicagomidfl.org">www.uchicagomidfl.org</a>.</td>
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<tr>
<td>10/13-19/14</td>
<td>Chicago Ideas Week</td>
<td>Various venues, Chicago, IL</td>
<td>Each year, over 160 speakers take the stage to share ideas at the frontiers of social, political, and technological innovation. See the full schedule and buy tickets online at <a href="http://www.chicagoideas.com">www.chicagoideas.com</a>. Get a 20% discount with the coupon code CIWMAROONS24.</td>
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<tr>
<td>10/24/14</td>
<td>Regina Carter Quintet</td>
<td>Reva and David Logan Center for the Arts</td>
<td>Part of the Jazz at the Logan series featuring violinist Regina Carter and special guest Columbian harpist Edmar Castaneda. Learn more and get your tickets online at <a href="http://chicagopresents.uchicago.edu/series/jazz-logan">http://chicagopresents.uchicago.edu/series/jazz-logan</a>.</td>
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<tr>
<td>11/14/14</td>
<td>Alfredo Rodriguez Trio</td>
<td>Reva and David Logan Center for the Arts</td>
<td>The Chicago debut for Alfredo Rodriguez, a Cuban piano virtuoso. Learn more and get your tickets online at <a href="http://chicagopresents.uchicago.edu/series/jazz-logan">http://chicagopresents.uchicago.edu/series/jazz-logan</a>.</td>
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<tr>
<td>11/17/14</td>
<td>Men’s and Women’s Soccer at Rochester (NY)</td>
<td>Fauver Stadium, Rochester, NY</td>
<td>Cheer on the men’s and women’s soccer teams as they go on the road to play the Yellow Jackets of the University of Rochester. Learn more at <a href="http://athletics.uchicago.edu">http://athletics.uchicago.edu</a>.</td>
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<tr>
<td>11/17/14</td>
<td>Special Olympics Chair Timothy Shriver</td>
<td>Bond Chapel</td>
<td>The Institute of Politics hosts Timothy Shriver as he discuss his new book <em>Fully Alive: Discovering What Matters Most.</em> Tickets available beginning October 20th at <a href="http://politics.uchicago.edu/events">http://politics.uchicago.edu/events</a>.</td>
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<tr>
<td>11/18/14</td>
<td>Men's Swimming and Diving versus Washington University (St. Louis)</td>
<td>I.E. Millstone Pool, St. Louis, MO</td>
<td>The men’s swimming and diving team take on UAA rivals Washington University in St. Louis. Learn more at <a href="http://athletics.uchicago.edu">http://athletics.uchicago.edu</a>.</td>
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<tr>
<td>11/20/14</td>
<td>Ta-Nehisi Coates: The Case for Reparations</td>
<td>Cloister Club, Ida Noyes Hall</td>
<td>Join the Institute of Politics, the Center of Race, Politics, and Culture, the Office of Multicultural Student Affairs, and the National Public Housing Museum as Ta-Nehisi Coates makes the case for reparations and why Chicago is central to his argument. Tickets available beginning October 20th at <a href="http://politics.uchicago.edu/events">http://politics.uchicago.edu/events</a>.</td>
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<tr>
<td>11/21/14</td>
<td>Denis Kozhukhim</td>
<td>Mandel Hall, Reynolds Club</td>
<td>The Chicago recital debut for pianist Denis Kozhukhin. Also featuring a pre-concert lecture with Steven Rings. Learn more and buy tickets online at <a href="http://chicagopresents.uchicago.edu">http://chicagopresents.uchicago.edu</a>.</td>
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<td>11/25/14</td>
<td>Latke-Hamentash Debate</td>
<td>Mandel Hall, Reynolds Club and online</td>
<td>The annual Latke-Hamentash Debate returns for another year. This long-running UChicago tradition asks faculty to debate which is better, the latke or the hamentash, from the standpoint of their curricular background. Look for information on the Parents and Families website for the webcast of this event.</td>
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<tr>
<td>11/27-28/14</td>
<td>Thanksgiving Break</td>
<td></td>
<td>The University closes Thursday and Friday. Dining halls and residence halls remain open. Classes resume on Monday, December 1st.</td>
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<td>12/1/14</td>
<td>Holiday Toy Drive to benefit Comer Children's Hospital</td>
<td>Various locations around Chicago</td>
<td>The Alumni Club of Chicago is hosting their annual toy drive to benefit Comer Children's Hospital. To view drop off locations and gift needs, visit <a href="http://www.uchicagoparents.org">www.uchicagoparents.org</a>.</td>
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<tr>
<td>12/13/14</td>
<td>Chicago A Cappella presents Holidays A Cappella</td>
<td>Rockefeller Memorial Chapel</td>
<td>The perfect mix of familiar holiday tunes, Renaissance carols, Chanukah songs, Christmas spirituals, and contemporary classics, sung by the lovely voices of Chicago a cappella. Get tickets at <a href="http://www.chicagoacappella.org/tickets">www.chicagoacappella.org/tickets</a>.</td>
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On Monday, September 22nd, students, families, and University faculty and staff gathered to celebrate the start of a new academic year with the Opening Convocation and the ceremonial procession through Hull Gate. Once again, members of the various College Houses lined the route cheering and welcoming their new house mates with signs, slogans, a great deal of House pride. Photos and video from this year’s Orientation activities can be seen online from the UChicago News Office at http://www.uchicago.edu/features/uchicago_community_welcomes_class_of_2018/.